Growth and development through the life span including physical, social, cognitive and neurological development. Topics covered include daycare, education, disabilities, parenting, types of families. The student will be able to outline the stages of adult development and the various developmental tasks associated with each stage. The student will describe adult physical conditions, transitions, as well as cognitive, social and emotional states. In addition, the student will be able to contrast theories and identify basic terms, influences, and issues for all adult stages of development. The student will explore end of life care, grief, and bereavement. Growth and development through the lifespan including physical, social, cognitive and neurological development. The Life Span: Human Development for Helping Professionals, 4/e, provides an in-depth look at the science of human development, highlighting theories and research that have useful applications for individuals working in fields such as education, counseling, and social work. The main purpose of this book is to provide the reader with information that can be translated into professional “best practice” applications. Throughout, the text reflects the contemporary view that life span development is a process deeply embedded within and inseparable from the context of family, social network, and culture. Foundations of Human Development: A Life Span Approach Book Review: This book is meant for students of home science. It is also useful for counsellors, teachers and behavioural psychologists. This book discusses human development in all areas like physical, social, emotional and many more. It describes the factors that determine the growth and development of the Indian context. It explains the issues related to sexuality, reproductive health and the influence of genetics.