Coping with a Life-Threatening Illness or Serious Health Event. A diagnosis of cancer, heart disease, or other serious illness can be devastating. But there are ways to cope with the emotional distress and preserve your quality of life. The emotional effects of a serious illness or injury. A serious health problem can disrupt all aspects of your life, whether it’s a chronic or life-threatening illness, such as cancer, or a major health event such as a stroke, heart attack, or debilitating injury. Many serious health problems seem to develop unexpectedly, upsetting your life out of the blue. Counseling Individuals with Life-Threatening Illness provides a practical guide for counselors who work with clients and families impacted by life-threatening illness. Comprehensive and practical, the book discusses such social and psychological factors as gender, race, ethnicity, social class, education, and intelligence, and how they inform the experience of gravely ill people. The initial crisis of diagnosis is addressed along with unique considerations for those who live with chronic illness, those who are terminally ill, and those who recover.

Also, serious illness affects not only the patient, but the patient's family. Therefore, the two major premises of this book are that care in life-threatening illness must be holistic, and it must be family centered. Doka presents an insightful, comprehensive guide for counselors, social workers, and health care professionals, as they assist clients experiencing a serious illness. "Counseling Individuals with Life-Threatening Illness provides a practical guide for counselors who work with clients and families impacted by life-threatening illness. A comprehensive and practical, the book discusses such social and psychological factors as gender, race, ethnicity, social class, education, and intelligence, and how they inform the experience of gravely ill people. The initial crisis of diagnosis is addressed along with unique considerations for those who live with chronic illness, those who are terminally ill, and those who recover. New to This Edition: Counseling Individuals With Life-Threatening Illness Second Edition. Kenneth J. Doka, PhD. Copyright © 2014 Springer Publishing Company, LLC All rights reserved. Electronic books. Online Access: Click to View. Counseling Individuals with Life-threatening Illness. by: Doka, Kenneth J. Published: (1975). On Death, Dying and Not Dying. by: Houghton, Peter. Published: (2001). Final Acts : The End of Life, Hospice and Palliative Care. by: Cox, Gerry R. Published: (2013). Counseling Clients near the End of Life : A Practical Guide for Mental Health Professionals. by: Werth, James. Published: (2012). Rethinking palliative care : A social role valorisation approach. by: Sinclair, Paul.